



Embracing the Crossroads of Learning in the New Normal: Pathways to Self-Regulation



Dr. Teresita T. Rungduin, RPsy, Rpm
Resource Speaker

July 7, 2021 at 1:30 pm
via ZOOM & Mapua CGC FB Live

OBJECTIVES:

1. Recognize the challenges of learning in the new normal;
2. Acquire self-regulatory competence to cope with academic requirements; and
3. Utilize learning strategies to ensure the achievement of set goals.





