



Center for Guidance and Counseling

MAPUA UNIVERSITY

“Juggling Life & School”
A Webinar on School Life Balance.

Resource Speakers:

- Jonathan A. Campo, RGC
- Maria Mina S. Cango, Rpm
- Wilca Marie Z. Ocampo, RGC

Moderator:

- Carmelissa M. de Belen, RGC

9 2 5 **October 6 & 7, 2020**
@ 12:00nn-1:30pm
- Via Zoom

OBJECTIVE:

To provide students with learning techniques to help them cope with the “new normal.”

Topic 1. Challenges students encounter during online learning amidst CoVid19

Topic 2. Good study habits and time management for a successful online learning

Topic 3. Building Resiliency



