



**MAPÚA UNIVERSITY**  
CENTER FOR GUIDANCE AND COUNSELING  
AND  
HEALTH SERVICES

**“Understanding Self-harm  
and  
Other Psychiatric Emergencies”**

**A Seminar on Risk Management  
For All Teaching and Non-Teaching Personnel**

Resource Speaker:  
**DR. RAINIER B. UMALI**  
Psychiatrist

**12 February 2020  
8:30 a.m. – 12:00 p.m.  
Seminar Room - Intramuros**

**OBJECTIVES:**

- To provide the teaching and non-teaching personnel the effective ways of responding to emotionally distressed students.
- To orient the participants on recognizing risk factors and warning signs that may lead to suicide.



